



Master Del Pe

**REPORT  
PHASE 1**

**cleanLIFE™ Program**

*An anti-vice and anti-addiction program using BEwell Science™ and PsychoEnergetics*

*Brought to the Philippines by*

**Master Del Pe and The MDP Foundation, USA**

*In collaboration with*

**The Mayor's Office and LGU, Bauko, Mountain Province**

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## 1. EXECUTIVE SUMMARY

**cleanLIFE™** is a pioneering program designed by Master Del Pe, founder of the MDP Foundation, USA and a world expert in Energy Healing, to help governments with the rehabilitation and transformation of surrendered drug users and pushers, and make them employable and productive. This program, which has previously been applied in Texas, United States and New Delhi, India has shown flying colors in the pilot study done in collaboration with the Mayor of Bauko, Mountain Province, Philippines.

Out of 168 surrenderees in Bauko, Mountain Province, Phase 1 of this program was successfully executed with 58 low to medium-risk participants over a period of 1½ months. This group used the special proprietary techniques of the cleanLIFE™ program and was able to significantly overcome addictive behaviors, desires and substance abuse within a short period of 1½ - 2 months (also substantiated by blood tests), with minimal to no withdrawal symptoms and no side-effects of withdrawal.

A total of 55 participants graduated from the program, with 95.83% improvement in their overall health condition and lifestyle, 92.73% improvement in their overall psychological condition, zero (0) incidents of violence or aggressive behavior, and 100% clear-passing of drug tests administered during the program. Participants also benefited from reduced cravings for drug consumption, reduced consumption of alcohol, cigarette, *moma* and other addictive substances, improved relationships, better emotional stability, more positive thoughts, better physical strength and vitality, and improved values and character. At the culmination of Phase 1 of the pilot program, 27% of the participants immediately gained new employment, while others returned to their pre-existing works and continued further skills training in order to participate in the upcoming Municipal Job Fair.

### 1.1. Highlights

1. **100%** of the participants did not consume drugs for the duration of the program, as self-reported and validated by a DOH accredited blood test.
2. **Minimal to negligible** withdrawal symptoms were experienced by the participants.
3. **95%** participants experienced more than significant improvement in their overall health and lifestyle condition.
4. **98%** participants experienced more than significant improvement in their overall psychological well-being.
5. **Significant positive changes** experienced by the participants.
  - ✓ *100%* of the participants noted that they experienced reduced cravings for drugs
  - ✓ *100%* of the participants noted that they were able to reduce or stop taking drugs
  - ✓ *60%* of the participants noted that they were able to reduce or stop taking other addictive substances

- ✓ **100%** of the participants noted that they experienced improvement in the quality of their relationships
  - ✓ **100%** of the participants noted that they experienced better emotional stability
  - ✓ **100%** of the participants noted that they experienced more positive thoughts
  - ✓ **100%** of the participants noted that they experienced better physical strength and vitality
  - ✓ **100%** of the participants noted that their values and character had improved
6. **100%** of the participants felt more prepared to go back to their regular life and overcome their addiction.
  7. **98%** would recommend the cleanLIFE™ program to any other drug users and pushers
  8. **No incidences of violence or aggressive behavior** were noted for the entire duration of the cleanLIFE™ program.
  9. **27%** participants gained new employment immediately after graduating the cleanLIFE™ Program.

*“There are 8 types of drug addicts and surrenderees. The magic of managing their rehabilitation is in understanding the surrenderees’ diversity to be able to heal and coach them effectively. Some people respond to force and a fear-based strategy. Some respond more to love and emotional intelligence. Many prefer mental stimulation through benefits and philosophy. Or, a few recover when heart-mind tactics are employed. cleanLIFE™ professionals are trained to look into inner and outer solutions. This is one of the secrets why we produce breakthroughs all the time.”*

- **Master Del Pe**  
Founder of MDP Foundation and the cleanLIFE™ Program

## 2. INTRODUCTION

According to the World Drug Report (2016) published by the United Nations Office on Drugs and Crime (UNODC), there are up to 324 million illicit drug users globally. This means approximately more than 1 in 20 adults is consuming illegal drugs, which not only harm the physical body of the individual but also erode their psyche, inciting criminal activities and leaving drug-related deaths in their wake. This social disease is being interwoven into the ugly underbelly of modern society, with men 3 times more prone to addiction than women. Drugs and drug pushers are no longer confined to dark alleyways but have penetrated schools, universities and colleges, putting at higher risk our loved ones, neighborhoods, societies and nations putting our loved ones at higher risk. The War on Drugs has been a consistent cause and concern for today's leaders, from the United States to Europe, and even Asia.

In the Philippines, the Philippine National Police (PNP), has also reported 5,617 drug-related deaths - 1,959 at the hands of the police, attributed to the nationwide anti-drug campaign of the newly elected President Rodrigo Duterte, which he calls the 'War on Drugs' in the Philippines. Since the start of the president's commendable initiative to clean-up the Philippines, over 1,021,802 drug related personalities have surrendered to the police as of January 2017, out of which 946,310 were drug users and 75,492 were drug pushers.

The **cleanLIFE™** Program has been previously designed to cater to individual clients with vices and addictions. But, here in the Philippines, it has added in its priority the rehabilitation of large groups of illegal drug users and drug pushers who have surrendered to the government, to get them transformed so that they can be employable and live a more productive life.

**Master Del Pe**, president of the MDP Foundation and founder of BEwell Science™ healing modality, a world expert on Energy Healing, has implemented a new initiative to become a bigger player and game changer in the War on Drugs of the new government starting at the local level, with a rapid rehabilitation process for surrendered drug users and drug pushers. To solve the shortage of rehabilitation personnel of the government, Master Del Pe is determined to train and certify cleanLIFE™ professionals to multiply his current team into many teams, which will be deployed throughout the Philippines. This initiative can also be duplicated globally to assist governments in the clean-up and transformation of drug users and drug pushers until they become productive and good-standing citizens.

Internationally, Master Del Pe's teams from the MDP Foundation have successfully transformed and worked with the Harris County Jail in Texas, USA (2010 – 2011) and with the largest prison complex in South Asia called Tihar Jail, India (2010). Now, Master Del Pe has brought this drug-free, fast, natural and efficient anti-addiction solution to the Philippines after great success in other countries.

As covered under this report, the cleanLIFE™ program was implemented at the request and initiative of Dr. Abraham Akilit, Mayor of Bauko, Mountain Province, whose personal efforts and contribution ensured the fast execution and facilitation of the program.

The cleanLIFE™ Program consists of 2 Phases which may range up to 8 months. However, this report only covers Phase 1 as a pilot study for proof-of-concept. In Phase 1, 58 out of a total of 168 surrenderees in the municipality of Bauko enrolled, and 55 finished the program successfully.

### 3. PROJECT GOALS

The cleanLIFE™ program was designed by Master Del Pe in 2 major Phases and 3 Schemes to simultaneously rehabilitate mild, moderate and high risk cases of drug addiction, while training and certifying new trainers and specialists to expand their services. While the first phase is primarily concerned with healing the vices and eliminating their side effects, fighting withdrawal symptoms, and healing the triggers and tendencies of relapse, the second phase additionally provides the tools and strategies for developing proper attitude and character. Training in life skills, livelihood skills for employment, coping and survival skills, and special skill sets for business, entrepreneurship, arts etc. are optional, but seamlessly interwoven into the fabric of the program as necessary.

The cleanLIFE™ program aims to rapidly rehabilitate surrendered drug users and drug pushers, in batches or groups, to become good-standing citizens by meeting the following goals defined more specifically as follows:

- A. Heal vices and eliminate their side effects
  - B. Fight withdrawal symptoms and heal relapses
  - C. Equip the surrenderees with stronger will-power, mental focus and discipline
  - D. Develop proper attitude and character in them
  - E. Train them in life skills
    - 1. Coping and survival skills
    - 2. Livelihood skills to get employed
      - a. Interpersonal and communication skills
      - b. White or blue collar job skills
      - c. Special skill sets: business, entrepreneurship, art, music etc.
- 
- optional

## 4. EXECUTION STRATEGY

The cleanLIFE™ program has two main timelines or schedules:

- 2 Phases for the rehabilitation of low, medium and severe cases of surrenderees
- 3 Schemes for the training of new cleanLIFE™ trainers and specialists

PHASES	DURATION
<b>Pre-profiling</b>	1 week (5 days of 4 hours)
<p><b>Phase 1: (Items A + B + C )</b>  <i>Heal the vice/drug addiction, eliminate its side effects, fight withdrawal symptoms, heal relapses, build stronger will-power, mental focus and discipline.</i></p> <ol style="list-style-type: none"> <li>1. Good cases (Low-risk)</li> <li>2. Moderate cases (Moderate-risk)</li> <li>3. Severe cases (High-risk)</li> </ol>	<p>2 months (3 x week for 2 hours)</p> <p>4 months (3 x week for 2 hours)</p> <p>5 months (3 x week for 2 hours)</p>
<p><b>Phase 2: ( Items A + B + C + D + E )</b>  <i>Develop proper attitude and character, life skills development</i></p> <ol style="list-style-type: none"> <li>1. Good cases (Low-risk)</li> <li>2. Moderate cases (Moderate-risk)</li> <li>3. Severe cases (High-risk)</li> </ol>	<p>2 ½ months (1 x week for 2 hours)</p> <p>2 months (2 x week for 2 hours)</p> <p>2 months (3 x week for 2 hours)</p>

SCHEMES	DURATION
<p><b>Scheme 1:</b> <i>Certification of Associate Level (1<sup>st</sup> level) cleanLIFE™ Trainers and Specialists</i></p> <ol style="list-style-type: none"> <li>1. Associate Level (1<sup>st</sup> level)               <ol style="list-style-type: none"> <li>a. Associate Trainer</li> <li>b. Associate Specialist</li> <li>c. Associate Trainer and Specialist</li> </ol> </li> </ol>	<p>6 months 6 months 8 months</p>
<p><b>Scheme 2:</b> <i>Certification of cleanLIFE™ Trainers and Specialists (2<sup>nd</sup> level)</i></p> <ol style="list-style-type: none"> <li>2. Trainer and Specialist (2<sup>nd</sup> Level)               <ol style="list-style-type: none"> <li>a. Trainer</li> <li>b. Specialist</li> <li>c. Trainer and Specialist</li> </ol> </li> </ol>	<p>12 months 12 months 14 months</p>
<p><b>Scheme 3:</b> <i>Certification of Senior Level (3<sup>rd</sup> level) cleanLIFE™ Trainers and Specialists</i></p> <ol style="list-style-type: none"> <li>3. Senior Trainer and Specialist (3<sup>rd</sup> Level)               <ol style="list-style-type: none"> <li>a. Senior Trainer</li> <li>b. Senior Specialist</li> <li>c. Senior Trainer and Specialist</li> </ol> </li> </ol>	<p>24 months 24 months 30 months</p>

Based on the project goals (A to E) listed in the previous section, the following figure illustrates the execution strategy.

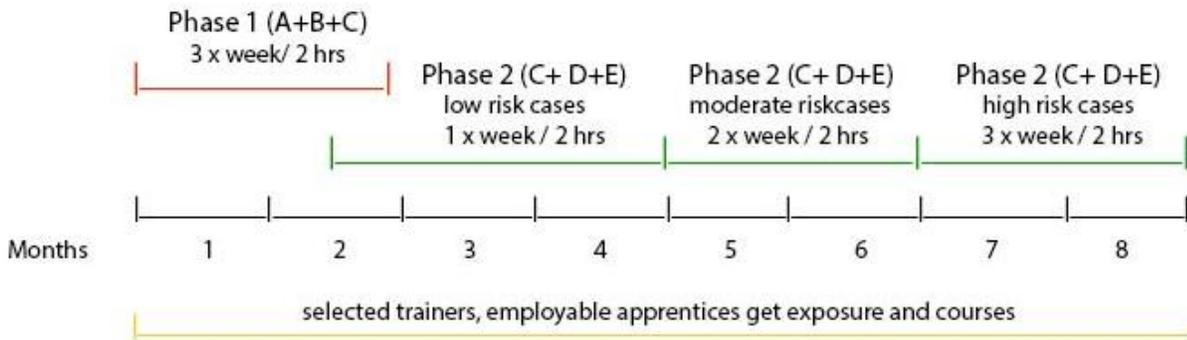


Figure 1: Execution Strategy of cleanLIFE™ Phases

## 4.1. PHASE 1 Implementation Schedule

Phase 1 of the cleanLIFE™ program was implemented at Bauko, Mountain Province for a total period of 10 weeks, including the in-take assessment of the participants, 6 weeks of cleanLIFE™ sessions administered to them, and the final assessment of the graduating participants. The schedule was as follows:

1. One week of orientation and profiling (2 sessions)	October 11, 2016 October 12, 2016
2. Two weeks of healing sessions with the first group of 18 surrenderees (4 sessions). This group was suspended for lack of numbers.	October 17, 2016 October 19, 2016 October 24, 2016 October 26, 2016
3. One week (7 working-days) break during which the DSWD officers recruited the additional required numbers of surrenderees	October 27 to November 6, 2016
4. Phase 1 of cleanLIFE™ (18 sessions) These were conducted in 2 hourly sessions, thrice a week – on Mondays, Wednesdays and Fridays.	November 7, 2016 November 9, 2016 November 11, 2016 November 14, 2016 November 16, 2016 November 18, 2016 November 21, 2016 November 23, 2016 November 25, 2016 November 28, 2016 November 30, 2016 December 2, 2016 December 5, 2016 December 7, 2016 December 9, 2016 December 12, 2016 December 14, 2016 December 19, 2016
5. Feedback and Final Evaluation Session (2 sessions)	December 18, 2016 December 31, 2016
6. Graduation Session (1 session)	January 12, 2017
<b>27 Total Engagements</b>	

## 5. STAKEHOLDERS

The following stakeholders contributed to the project:

### 1. cleanLIFE™ Team:

Proponent and Project Leader	Master Del Pe
Senior Trainer and Specialist, Media Director and Chief Editor	Rega Stellar Pe
Senior Trainer and Specialist, Field Manager	Moni Platt
Trainer and Specialist/Translator	Beck Pe
Trainer and Specialist/Data Analyst	Vic Pe
Trainer and Specialist/Data Analyst	Leah Pe
Trainer and Specialist/Videographer	Anna Pe
Copy Editor/Research Analyst	Sunee Kay
Data and Statistical Consultant	Carmencita Pe

### 2. Collaborating LGU Teams:

Program Sponsor Mayor of Bauko, Mountain Province	Dr. Abraham B. Akilit
Chief of Police, Philippine National Police, Bauko, Mountain Province	Luis Dangatan plus team
Head, Municipal DSWD	Marichu Kuminga
LGU Staff and Coordinator	Ruby Docao
LGU Nurse and Facilitator	Leonard Langtiwan
Support Teams	LGU Volunteers

### 3. Accredited Blood Test Laboratory: Hi-Precision Diagnostics, La Union

### 4. First Employer who hired 15 graduates of cleanLIFE™ Program: Violaine Magsaysay, Ilog Maria Bee Farm

## 6. PARTICIPANTS

Out of the 168 drug users and pushers who surrendered to the Philippine National Police (PNP) in Bauko, Mountain Province, 58 enrolled in the Phase 1 of the cleanLIFE™ Program. The **58 surrendered drug personalities** were confined in the temporary Community Rehabilitation Center which set up operations at the abandoned building of Mountain Province State Polytechnic College (MPSPC) in Banao, Mountain Province. By the end of 1 ½ months under Phase 1, **55 participants graduated** the cleanLIFE™ Program's pilot study program, whereas only 3 dropped out at the beginning of the program. Retention rate of participants was high at 94.8%.

### 6.1. Level of Substance Abuse Risk

Aged between 16 and 54, the participants were assessed by the Municipal Department of Social Welfare and Development (DSWD) using the “*Consolidation of Alcohol, Smoking and Substance Involvement Screening Test*” (ASSIST) form – a tool provided by the Department of Health (DOH). Based on the assessment of the 58 initial participants, our team established the following risk profiles and analysis.

#### 6.1.1. Primary Substances

*a. Methamphetamine:*

All 58 participants were taking Meth (100 %), out of which:

- 25 participants (43%) were low risk
- 33 participants (57%) were medium risk

*b. Marijuana:*

2 of 58 participants were taking marijuana (3%) out of which:

- 1 participant (50%) was low risk
- 1 participant (50%) was moderate risk

#### 6.1.2. Secondary Substances

*c. Cigarettes:*

41 of 58 participants were smoking cigarettes (71 %) out of which:

- 5 participants (12%) were low risk
- 23 participants (56%) were medium risk
- 13 participants (32%) were high risk

*d. Alcohol:*

54 of 58 participants were taking alcohol (93%) out of which:

- 3 participants (6%) were low risk
- 44 participants (81%) were medium risk
- 7 participants (13%) were high risk

e. *Momma*:

22 participants were taking momma (38%) out of which:

- 6 participants (27%) were low risk
- 14 participants (64%) were moderate risk
- 2 participants (9%) were high risk

## 6.2. Prior Rehabilitation Attempts

As per the interviews of the participating surrenderees, it was reported that 25% of them had previously made unsuccessful attempts to overcome their drug addiction on their own and without medical or psychological assistance, whereas, 75% had never attempted to quit their primary addictive substance.

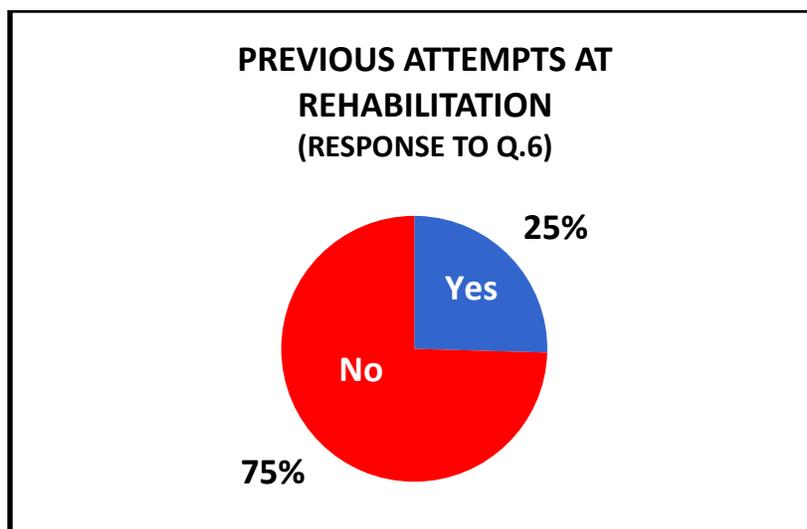


Figure 2: Participants' Attempts to Quit or Reduce Addiction before the cleanLIFE™ Program

## 6.3. Educational Background

The educational background of the participants has been noted, as shown below, to indicate their earning capacity and potential, as well as their potential job-skills training or life-skills training which may be suitable for them in later Phases. During Phase 1 of the cleanLIFE™ Program, this information has been helpful to facilitate the new employment contracts of some of the graduating surrenderees.

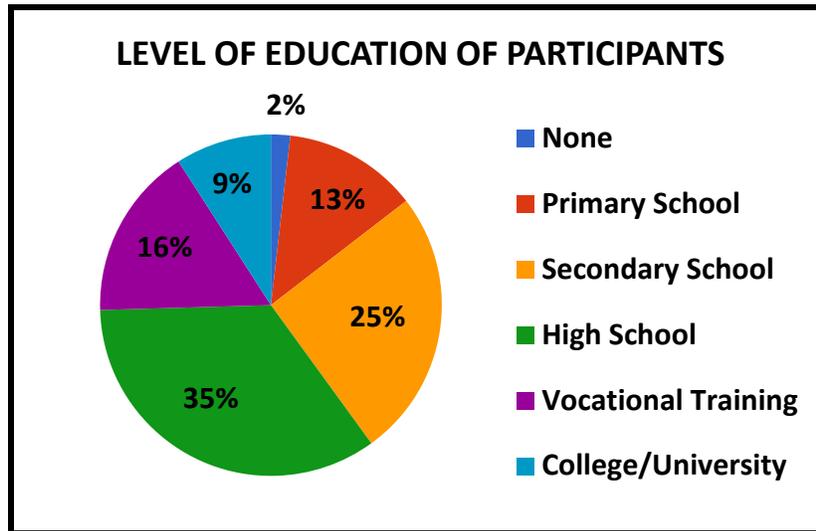


Figure 3: Educational Background of Surrendees

#### 6.4. Family Support

Family members or next of kin of the participants were briefed at the initial orientation in Bauko held on October 11, 2016. This was conducted in order to orient them about the participation rules, guidelines, and expectations of the cleanLIFE™ Program. Most of the participants benefited from the family support and psychological support provided to them, so that they could take leave or absences from their work and home responsibilities. It also served as a positive reinforcement strategy for both the participants and their families.

Overall family support to the participants was high. 53 out of 55 participants (96%) reported that their family supported them in the cleanLIFE™ program. 2 out of 55 participants (4%) reported that they had no family support in the cleanLIFE™ program.

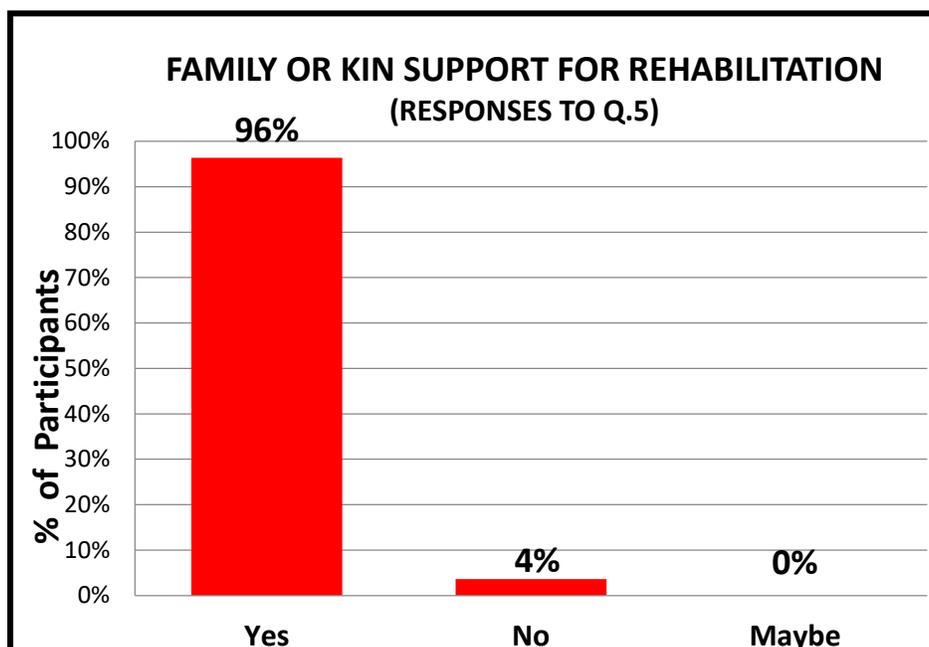


Figure 4: Family and Community Support to Participants

## 7. cleanLIFE™ CURRICULUM

The cleanLIFE™ Program under Phase 1 applied the trademarked strategies and breakthrough techniques developed by Master Del Pe, the founder of the program, to help the participants overcome their substance abuse and its side effects. The applied methods are briefly described below:

### 1. **JustBE alive™**:

Bio-mechanical exercises and breathing techniques to get revitalized fast and overcome the side-effects of substance withdrawal.



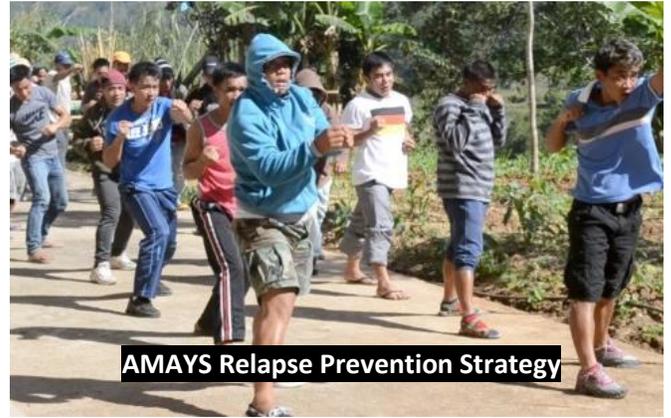
### 2. **JustBE free™**:

Healing meditation and visualization techniques with positive affirmations to instill peace of mind, heal psychological traumas and switch-off desires of addictive substances, to unblock the future potential of a clean drug-free life.



### 3. **AMAYS™**:

A special Martial Arts strategy formulated by Master Del Pe, geared to removing withdrawal symptoms through will-power development. Surrenderers are taught how to use martial arts for anger management and ventilation of their frustrations.



#### 4. BEwell Science™:

An advanced energy healing system to remove the energetic causes and blockages of addiction and its side effects, to balance and repair the energy fields and energy centers of the human energy anatomy.



#### 5. Other Activities

- a. Orientation to the surrendered drug users and pushers.
- b. Orientation to the families or next of kin of the surrendered drug users and pushers.
- c. Lectures, Inspirational Talks and Demonstration of Techniques and Strategies by Master Del Pe on how to combat addiction, behavior modification, beating relapse, re-entry into social roles and how to live a drug-free and cleanLIFE.
- d. Collection of feedback and testimonials from the cleanLIFE™ participants.

## 8. KEY RESULTS

The Key findings of the survey conducted on 55 participants of the cleanLIFE™ program under Phase 1 are as follows:

8.1. 100% of the participants did not consume drugs for the duration of the program.

As depicted by the self-reported written responses of the participants, 100% of them did not consume any addictive substances for the whole duration of the cleanLIFE™ Program. Furthermore, these responses were corroborated by the Drug Test administered by the Department of Health (DOH) accredited laboratory, indicating that no drugs were taken during the cleanLIFE™ Program by the participants.

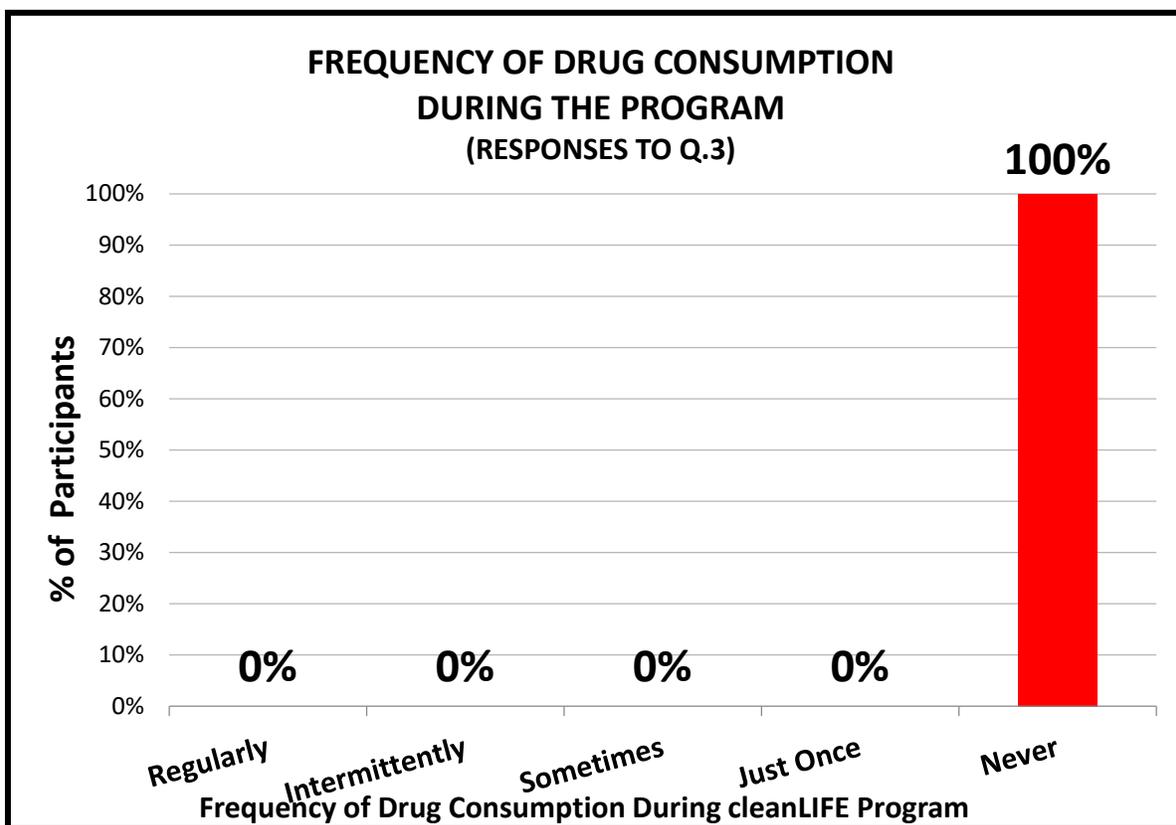


Figure 5: Participants' Frequency of Drug Consumption during the cleanLIFE™ Program

## 8.2. Minimal or negligible withdrawal symptoms were experienced by the participants

The common side effects of withdrawal from drugs were minimal to negligible. Notably, no symptoms, except increase in appetite were experienced “most of the time/regularly” or “a lot/frequently” by the participants. Most withdrawal-type symptoms that were experienced by the participants were usually experienced slightly and infrequently as indicated by the blue bars of “a little or slight experience”. Even those symptoms which were experienced “a little” or “moderately” were only experienced by a small percentage of the group of participants during the program.

These responses are also supported and corroborated by the fact that any medical or hospital visits for a small group of (7) participants were for unrelated health issues such as diarrhea and Urinary Tract Infections (UTIs), which are not commonly associated with symptoms of drug-withdrawal.

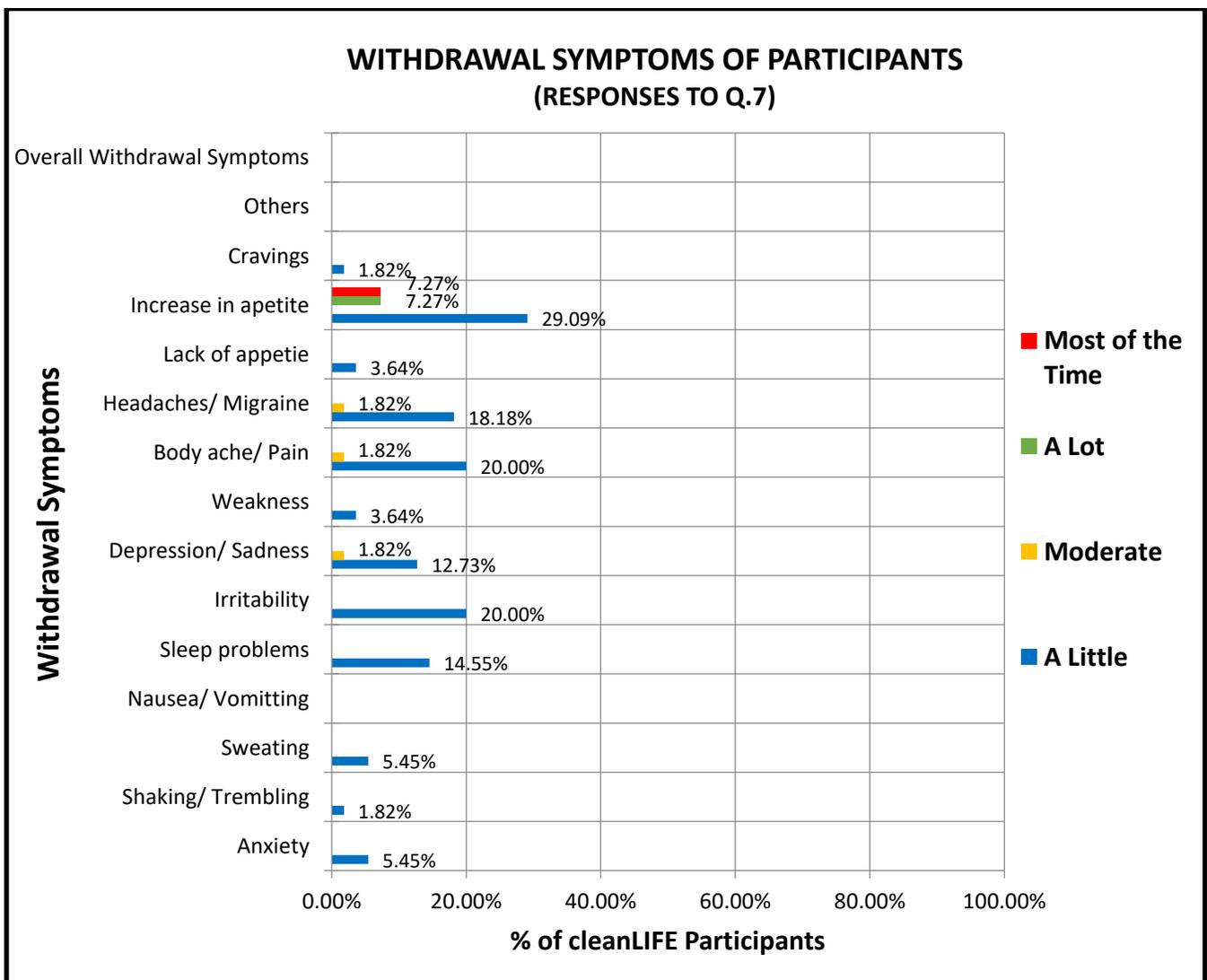


Figure 6: Withdrawal Symptoms experienced during the cleanLIFE™ Program

### 8.3. 95% Participants experienced more than significant improvement in their overall health and lifestyle condition

As per the survey, more than 95.83% participants observed more than significant or complete improvements in their health and lifestyle, whereas 2.08% experienced significant improvements and 2.08% experienced moderate improvements in their overall health and lifestyle.

Using the proprietary techniques of JustBE alive™, JustBE free™ and BEwell Science™, the pioneering Energy Healing modality developed by Master Del Pe, many of the participants reported to program facilitators that not only were they able to feel that they were “starting to win over their addictions, but ...(they)... also feel refreshed after getting rid of the other diseases and health challenges that have been bothering them for many years.”

Qualitative observations suggest that participants appeared haggard and unkempt at the beginning of the program, but by the end, they were better looking, more presentable, with higher vitality and a more dynamic energy. Their kinesthetic abilities were notably improved, including better hand-eye coordination as observed during the JustBE alive™ exercises regimen.

*Note: Of those who experienced various health conditions, improvements are noted in percentages as follows:*

<b>IMPROVEMENTS IN HEALTH AND LIFESTYLE OF cleanLIFE™ PARTICIPANTS</b>							
<b>(RESPONSES TO Q.9)</b>							
	<b>Health Conditions and Lifestyle</b>	<b># of Cases</b>	<b>Not Improved</b>	<b>A Little Improved</b>	<b>Moderately Improved</b>	<b>Significantly Improved</b>	<b>Resolved</b>
1	<i>High Blood Pressure</i>	<b>11</b>	<b>0.00%</b>	<b>9.09%</b>	<b>9.09%</b>	<b>9.09%</b>	<b>72.73%</b>
2	<i>Heart Irregularities</i>	<b>3</b>	<b>0.00%</b>	<b>33.33%</b>	<b>33.33%</b>	<b>0.00%</b>	<b>33.33%</b>
3	<i>Sleep Issues</i>	<b>18</b>	<b>5.56%</b>	<b>11.11%</b>	<b>11.11%</b>	<b>5.56%</b>	<b>66.67%</b>
4	<i>Lethargy / Slowness</i>	<b>12</b>	<b>0.00%</b>	<b>0.00%</b>	<b>8.33%</b>	<b>25%</b>	<b>66.67%</b>
5	<i>Fatigue / Tiredness</i>	<b>23</b>	<b>0.00%</b>	<b>4.35%</b>	<b>0.00%</b>	<b>13.04%</b>	<b>82.61%</b>
6	<i>UTI/Kidney Problems</i>	<b>12</b>	<b>5.56%</b>	<b>16.67%</b>	<b>16.67%</b>	<b>0.00%</b>	<b>58.33%</b>
7	<i>Body Pains/ Joint Pains</i>	<b>27</b>	<b>0.00%</b>	<b>7.41%</b>	<b>3.70%</b>	<b>3.70%</b>	<b>85.19%</b>
8	<i>Constipation</i>	<b>9</b>	<b>0.00%</b>	<b>33.33%</b>	<b>11.11%</b>	<b>33.33%</b>	<b>22.22%</b>
9	<i>Diarrhea</i>	<b>3</b>	<b>0.00%</b>	<b>33.33%</b>	<b>33.33%</b>	<b>0.00%</b>	<b>33.33%</b>
10	<i>Vomiting</i>	<b>2</b>	<b>0.00%</b>	<b>50.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>50.00%</b>

11	<i>Gout</i>	<b>10</b>	<b>0.00%</b>	<b>20.00%</b>	<b>0.00%</b>	<b>10.00%</b>	<b>70.00%</b>
12	<i>Breathing Problems</i>	<b>22</b>	<b>5.56%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>55.00%</b>	<b>90.91%</b>
13	<i>Headache / Migraine</i>	<b>7</b>	<b>0.00%</b>	<b>0.00%</b>	<b>14.29%</b>	<b>1.29%</b>	<b>71.43%</b>
14	<i>Vitality / Energy Level</i>	<b>31</b>	<b>0.00%</b>	<b>0.00%</b>	<b>6.45%</b>	<b>12.90%</b>	<b>80.65%</b>
15	<i>Sleeping Pattern</i>	<b>17</b>	<b>0.00%</b>	<b>0.00%</b>	<b>5.88%</b>	<b>17.65%</b>	<b>76.47%</b>
16	<i>Appetite</i>	<b>19</b>	<b>0.00%</b>	<b>26.32%</b>	<b>5.26%</b>	<b>5.26%</b>	<b>63.16%</b>
17	<i>Other (ulcer, arthritis, Hemorrhoids, etc.)</i>	<b>5</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>100.00%</b>
18	<i>Overall Health Condition and Lifestyle</i>	<b>48</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.08%</b>	<b>2.08%</b>	<b>95.83%</b>

*Table 1: Improvements in Health Conditions and Lifestyle of cleanLIFE™ Participants*

#### 8.4. 98% Participants experienced more than significant improvement in their overall psychological well-being

As per the survey, 98.08% participants observed more than significant or complete improvements in their psychological well-being. Using the proprietary techniques of BEwell Science™, the pioneering Energy Healing modality developed by Master Del Pe, participants were able to combat the common signs of withdrawal as well as the psychological traumas which develop over time of using and abusing dangerous substances like *shabu* (methamphetamine) and marijuana. This helped the participants to grow out of the miseries or struggles of their past with a more positive attitude towards what they can do in the future.

By empowering the psychological well-being of the participants, this strategy aims to minimize or reduce the relapse rate of going back to drugs, in case participants face any psychological stressors or triggers when they are reintegrated into their old lives after the cleanLIFE™ Program. The psychotherapeutic effects of the BEwell Science™ techniques are able to achieve these results in a short period of 1½ months even in a group setting, without the need of traditional counselling or psychiatric solutions which are based on a 1-on-1 setting where resources are scarce.

*Note: Of those who experienced various health conditions, improvements are noted in percentages as follows:*

**IMPROVEMENTS IN PSYCHOLOGICAL WELL-BEING**  
(RESPONSES TO Q.10)

	<b>Psychological Well-Being</b>	<b># of Cases</b>	<b>Not Improved</b>	<b>A Little Improved</b>	<b>Moderately Improved</b>	<b>Significantly Improved</b>	<b>Completely Improved/Resolved</b>
1	<i>Depression</i>	<b>35</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>5.71%</b>	<b>94.29%</b>
2	<i>Trauma</i>	<b>34</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.94%</b>	<b>5.88%</b>	<b>91.18%</b>
3	<i>Anxiety</i>	<b>38</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>5.26%</b>	<b>94.74%</b>
4	<i>Restlessness</i>	<b>24</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>8.33%</b>	<b>91.67%</b>
5	<i>Resentment / Pent-Up Emotions</i>	<b>34</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>5.88%</b>	<b>94.12%</b>
6	<i>Guilt / Self-Pity</i>	<b>31</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>6.45%</b>	<b>93.55%</b>
7	<i>Self-Destructive Behavior</i>	<b>22</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>4.55%</b>	<b>95.45%</b>
8	<i>Anti-Social Behavior</i>	<b>34</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.94%</b>	<b>5.88%</b>	<b>91.18%</b>
9	<i>Anger</i>	<b>39</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>10.26%</b>	<b>89.74%</b>
10	<i>Violent Behavior</i>	<b>23</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>13.04%</b>	<b>86.96%</b>
11	<i>Low-Self Confidence</i>	<b>50</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>4.00%</b>	<b>96.00%</b>
12	<i>Laziness</i>	<b>39</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.56%</b>	<b>97.44%</b>
13	<i>Paranoia</i>	<b>26</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>11.54%</b>	<b>88.46%</b>
14	<i>Mood Swings</i>	<b>27</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>7.41%</b>	<b>92.59%</b>
15	<i>Obsession / Compulsion</i>	<b>41</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.44%</b>	<b>4.88%</b>	<b>92.68%</b>
16	<i>Negative Feelings</i>	<b>45</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.22%</b>	<b>97.78%</b>
17	<i>Negative Thoughts</i>	<b>40</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.50%</b>	<b>97.50%</b>
18	<i>Will-Power</i>	<b>54</b>	<b>0.00%</b>	<b>1.85%</b>	<b>0.00%</b>	<b>1.85%</b>	<b>96.30%</b>
19	<i>Optimism</i>	<b>48</b>	<b>0.00%</b>	<b>0.00%</b>	<b>2.08%</b>	<b>4.17%</b>	<b>93.75%</b>

20	<i>Decision-Making</i>	<b>48</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>4.17%</b>	<b>95.83%</b>
21	<i>Concentration / Focus</i>	<b>54</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>3.70%</b>	<b>96.30%</b>
22	<i>Memory / Ability to Remember</i>	<b>52</b>	<b>0.00%</b>	<b>0.00%</b>	<b>1.92%</b>	<b>7.69%</b>	<b>90.38%</b>
23	<i>Enjoying Everyday Life</i>	<b>54</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>3.70%</b>	<b>96.30%</b>
24	<i>Calmness / Inner Peace</i>	<b>52</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>5.77%</b>	<b>94.23%</b>
25	<i>Confidence to Build a Good Life</i>	<b>55</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>1.82%</b>	<b>98.18%</b>
26	<i>Other</i>	<b>25</b>	<b>0.00%</b>	<b>0.00%</b>	<b>4.00%</b>	<b>4.00%</b>	<b>92.00%</b>
27	<i>Overall Psychological Condition</i>	<b>52</b>	<b>0.00%</b>	<b>0.00%</b>	<b>0.00%</b>	<b>1.92%</b>	<b>98.08%</b>

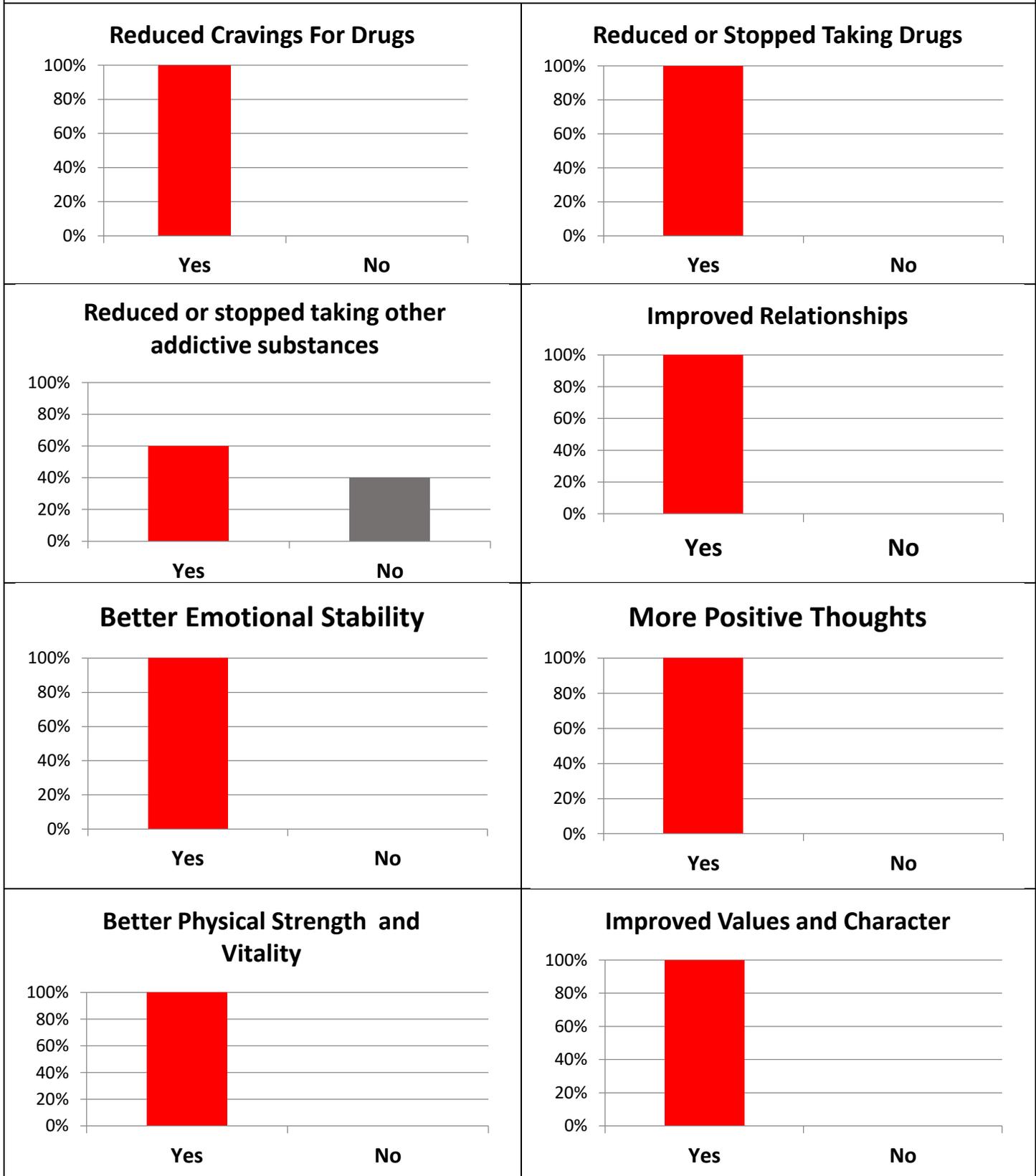
*Table 2: Improvements in Psychological Well-Being of cleanLIFE™ Participants*

## 8.5. Significant Positive Changes experienced by the participants

In addition to the survey questions above, one more parameter that the cleanLIFE™ team used was to ask the participants if the program fulfilled its promises. In the initial orientation held at the Justice Hall of Bauko LGU, Mountain Province (October 11, 2016), the surrendered drug users and pushers were given expectations from the program by Master Del Pe. Towards the end of the cleanLIFE™ Program's first phase, the participants were asked their feedback through survey along the same parameters of expected results from cleanLIFE™.

Even those who were hesitating to participate at first, indicated that they had significantly achieved the positive changes that they aspired for since the beginning of the program. Not only did almost all participants experience the rehabilitation-related benefits to overcome their drug habits and the psychological benefits, but 60% of them also gained the windfall benefit of being able to reduce or stop the consumption of the other controlled or addictive substances such as alcohol, cigarettes, *moma* etc. The following were their responses:

**POSITIVE CHANGES ACHIEVED BY PARTICIPANTS  
(RESPONSES TO Q.8)**



*Figure 7: Positive Changes Achieved by Participants during the cleanLIFE™ Program*

- ✓ **100%** of the participants noted that they experienced reduced cravings for drugs
- ✓ **100%** of the participants noted that they were able to reduce or stop taking drugs
- ✓ **60%** of the participants noted that they were able to reduce or stop taking other addictive substances
- ✓ **100%** of the participants noted that they experienced improvement in the quality of their relationships
- ✓ **100%** of the participants noted that they experienced better emotional stability
- ✓ **100%** of the participants noted that they experienced more positive thoughts
- ✓ **100%** of the participants noted that they experienced better physical strength and vitality
- ✓ **100%** of the participants noted that their values and character had improved

## 8.6. 100% participants felt more prepared to go back to their regular life and overcome their addiction

The participants experienced positive outcomes to the extent that 98.18% would recommend the cleanLIFE™ program to any other drug users and pushers, and 92.73% of them are also confident that they could reach out to the cleanLIFE™ Trainers and Specialists or the Municipal Department of Social Welfare and Development (DSWD) Officers if they needed help with re-entry, relapse or drug-cravings in the future.

<b>FEEDBACK AND AFFIRMATIONS (RESPONSE TO Q.12)</b>						
	<b>I am ready to go back to my regular life</b>	<b>I feel prepared to overcome my addiction of drugs</b>	<b>I will not associate with other drug users</b>	<b>I will recommend other drug users to join cleanLIFE™ program</b>	<b>I will do my best to have a stable job/work</b>	<b>I will contact cleanLIFE™ team or LGU staff if I need help</b>
YES (#)	55	55	54	54	55	51
NO (#)	0	0	0	0	0	0
MAYBE (#)	0	0	1	1	0	4
YES (%)	100%	100%	98.18%	98.18%	100%	92.73%
NO (%)	0%	0%	0%	0%	0%	0%
MAYBE (%)	0%	0%	1.82%	1.82%	0%	7.27%

Figure 8: Feedback and Positive Affirmations of participants

## 8.7. No incidences of violence or aggressive behavior

The 58 drug surrenderees who participated in the cleanLIFE™ Program's Phase 1 had no incidents of major aggression, violence or negating actions. All participants collaborated and cooperated and even started to help in the maintenance of the grounds, and volunteer in the kitchen of the temporary rehabilitation facility.

## 8.8. 27% gained new employment immediately after graduating the cleanLIFE™ Program

At the culmination of Phase 1 of the pilot program, 27% of the participants (15 out of 55) immediately gained new employment, while others returned to their pre-existing work and continued the program for further skills training, in order to participate in the upcoming Municipal Job Fair.



## 9. MONITORING AND EVALUATION STRATEGIES

The cleanLIFE™ staff teamed up with the LGU Staff of Bauko, PNP and DSWD for a comprehensive monitoring and evaluation of the participants.

### 1. On Site-Observation of Participants:

- Visiting members of the cleanLIFE™ team observed the developments and ongoing improvements in the participants during work hours, based on their physical, emotional, and mental behavior, body-language, kinesthetic abilities, discipline and other self-regulating behaviors, as well as their interactions with authority figures and other participants.

### 2. Feedback from LGU, DSWD and PNP Representatives

- Feedback was regularly taken by the cleanLIFE™ team from the visiting members of the LGU and DSWD staff.
- Regular feedback was also taken from the resident PNP officials assigned to the temporary rehabilitation center who monitored the participants round the clock.

### 3. Written Assessment, Feedback and Evaluation

- The *Consolidation of Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*, provided by the Department of Health (DOH) and administered by the Local Government Unit (LGU) and the Department of Social Welfare and Development (DSWD) staff was also incorporated in the initial screening of risk-level and substance abuse indicators. cleanLIFE™ obtained these results from the DSWD.
- The cleanLIFE™ Evaluation Questionnaire attached in section 14.1 was the primary tool for progress assessment across various parameters. Results were analyzed and interpreted by the cleanLIFE™ administrative team and are available in section 8 of this report.

### 4. Video Recorded Feedback

- Recorded feedback was collected by cleanLIFE™ staff in the form of video testimonials during the different weeks, and all proceedings were captured on video to monitor and archive the developments.

### 5. Energetic and Vitality Assessment

- BEwell Science™ assessment techniques, developed by Master Del Pe, were used for the energetic evaluation of every participant before and after each session. This provided a rich comparison of progress and changes per each session and overall for all the participants.

### 6. Medical Evaluation

- Medical Evaluation feedback was collected regularly from the Nurse-cum- Facilitator on duty.
- Results of the blood test for drug screening assessed by a DOH accredited lab were also taken into consideration.

## 10. CHALLENGES AND LESSONS LEARNED

As a part of the ongoing self-assessment to promote service excellence, the results of an internal performance audit by the cleanLIFE™ team are given below:

- a. cleanLIFE™ Trainers and Specialists (TAS) highly appreciated the efforts of the LGU to organize the surrenderees into a productive team with an elected President and Vice-President.
- b. cleanLIFE™ staff may request drug tests (blood tests) to be done not only at the culmination but also half-way through the program, if municipal resources allow. This would help the cleanLIFE™ team to enrich their assessment and adjust the rehabilitation strategy accordingly.
- c. Many participants were concerned about not being able to tend to their farms, harvest their crops or provide income to their families during their stay at the rehabilitation center. Due to this need, we may facilitate the connection of such family members of the participants to relevant support agencies and local Day Care Centers during the *Family Orientation* at the beginning of the program.
- d. During the program, we would like to invite family members of the surrenderees once or twice to join the cleanLIFE™ sessions and motivate them, while also gaining deeper insight into the transformative experiences that their loved ones are going through at the rehabilitation center.
- e. The phenomenal success of this program was based on an intelligent decision-making strategy, wherein Mayor Akilit led his people by example and 78 of his staff members and municipal volunteers participated in the BEwell Science™ training seminar to understand the Energy Medicine Modality and its applications first hand. In the future, the cleanLIFE™ team would also strongly recommend any other interested agencies or LGUs to follow this strategy.
- f. A protocol for emergency situations may be arranged, so that if family members need to consult with or meet the surrenderees urgently for an emergency, the on-site LGU officer may provide clearance and a PNP security officer may oversee the meeting in a special space allocated within the rehabilitation center. This may eliminate the desire for surrenderees to escape the facility at night. (3 out of the 58 participants were suspended from the program for the reason of fleeing from the rehabilitation center, that is why only 55 graduated.)
- g. Inclusion of more employment interview sessions by prospective employers (other than that already organized by the cleanLIFE™ team), follow-through TESDA training and organizing a Municipal Job-Fair are appreciated as positive and pro-active tactics on the part of the Bauko LGU.

## 11. NEXT STEPS

The cleanLIFE™ Program consists of 2 Phases. The activity at Bauko covered only Phase 1, as outlined in this report. Therefore, the next steps would address the need for continued monitoring and support to the graduating surrenderees under Phase 2. The major landmarks in the next-steps strategy would be -

- Allowing the graduating surrenderees (low to medium risk cases) to follow an out-patient strategy rather than being incubated inside the rehabilitation facility. High risk cases may however, extend their stay at the rehabilitation facility.
- Graduating surrenderees should gather at periodic group meetings based on the following schedule to fulfill requirements of the 2<sup>nd</sup> Phase of the cleanLIFE™ Program:

1. Good cases	For 2 ½ months (1 x week for 2 hours)
2. Moderate cases	For 2 months (2 x week for 2 hours)
3. Severe cases	For 2 months (3 x week for 2 hours)

This 2<sup>nd</sup> Phase will still continue with the group healings and drills for 45 minutes per session. Then a new curriculum to foster character building and value enrichment in the participants will be added as an additional focus. It will also provide:

- additional life-skills training
- coping and survival training
- providing support for re-entry to their social roles
- monitoring of any potential withdrawal symptoms and
- empowering them with special technical or vocational skill-sets.

Group coaching plus Q&A Sessions are also included to allow interactive feedback and receive new insights about their next-steps.

## 12. PRAISES FOR THE cleanLIFE™ PROGRAM

During the cleanLIFE™ program, the different stakeholders, participants and their family members shared their feedback and testimonials with the cleanLIFE™ Trainers and Specialists in the form of written and video testimonials. Some of these are shared below (permitted with signed waivers).

### 12.1. TESTIMONIALS OF LGU OFFICIALS

*“The cleanLIFE™ training has been so impressive because our target of rehabilitation was over a 6-month period, but we were able to do it in one-and-a-half months! I am a witness; because every-time there was a healing activity I joined it... and I enjoyed it.”*

- **Mayor Abraham B. Akilit, Bauko, Mountain Province**

*“I observed that the people who underwent this program have really changed, and not only in their behavior, but also in their day-to-day activities - not only in their hygiene, but in how they talk and show respect to the people they encounter. We really recommend that the cleanLIFE™ Project will cater again to the next batch.”*

- **PI Luis Jr. C. Dangatan, Chief of Police, Bauko, Mountain Province**

*“<The surrenderees> come to say thank you to us, so maybe that giving of gratitude means a lot to them. The cleanLIFE™ Program has really transformed not only the physical condition of the surrenderees, but it has been a holistic transformation of these <rehabilitated > 'scholars.' We need the cleanLIFE™ Program because we are only doing integrated activities, but the cleanLIFE™ Program is the real meat of this rehabilitation program. I believe and I see that it is needed by the drug surrenderees.”*

-**Marichu B. Cominga, Head of Municipal DSWD**

*“We are thankful to the MDP Foundation for their collaboration with the LGU. Since without them, the realization of this community-based program for the 'scholars' may have been a failure for us. At first I observed that there were some negative reactions from the <surrenderees>. As time went by, I could see that they enjoyed the <cleanLIFE™> activities. I can see that there is a very big transformation as observed <in their> physical and inner behavioral modification.”*

- **Ruby W. Doco, Staff LGU Bauko**

*“Unlike the <programs conducted by > other agencies, where attendance is not complete, the attendance is almost 100% for the cleanLIFE™ sessions. <Surrenderees> are very focused and attentive during the exercises and meditation. When Master Del Pe is there to guide and conduct the activities, I saw the presence and alertness of the surrenderees. The exercises are not just exercises, but this is how <they> release their tensions and worries. <Their> focus is there, because he mixes the karate, meditation and healing that he researched in other countries so that he can render <his special techniques> to our countrymen.”*

- **Leonard B. Langtiwan, Municipal Nurse and Facilitator**

## 12.2. TESTIMONIALS OF THE PARTICIPANTS

"I thank you all for healing me. Because of Master Del Pe and you all <cleanLIFE™ team>, I have changed a lot in my life. I learnt a lot of good things for my future well-being and that of my family. Jesus Christ will pay you back. God bless you all. Thank you very much."

- **R.C.T. Jr, cleanLIFE™ surrenderee**

"Before the cleanLIFE™ program, I had a bad temper, I was lazy and paranoid. With help from the cleanLIFE™ Program, I quit shabu. I feel that my body doesn't even like cigarettes anymore. My heart was made of stone, but now it has become soft. I even had body-pain before, but now my legs are stronger, unlike before when I stood up for even 5 minutes I had to sit down. This program has helped me a lot and I can see a big transformation in myself."

-**W.W, cleanLIFE™ surrenderee**

"The effect of shabu on my mind was that I got easily confused, restless and disoriented. Through the efforts of the cleanLIFE™ Program, I quit using shabu. When I came to stay here <at the rehabilitation center>, I stopped. I didn't even think of taking shabu or drinking alcohol. The lesson that Master Del Pe taught me was to think of the future."

- **R.K., cleanLIFE™ surrenderee**

"My children now accept me as a part of the family because before they were scared of me. Now they accept me as a father and a husband. I am so thankful that I am here because my mind is free, and even their minds are free of me as a problem."

- **J.P., cleanLIFE™ surrenderee**

## 12.3. TESTIMONIALS OF THE FAMILY MEMBERS OF PARTICIPANTS

*"Before <the cleanLIFE™ program>, he would be confused and would forget to visit his family. He was angry and irritable. He was also lazy, would sleep a lot and not look for a job.*

*Now he remembers to visit his family and helps out at home. He prays and even tells me to pray. In the past, I would cry a lot because he would blame me for his situation. Now I shed tears of joy because he has changed so much."*

- **R.S.'s mother, family member of cleanLIFE™ participant**

*"Before <the cleanLIFE™ program>, he would physically abuse his sister and me. He would get easily hurt and was also very sensitive. He would talk disrespectfully to us and not have his meals with us. Now he is more respectful and eats with us. He has also joined the church program and his appearance is better."*

- **A.D.L.'s mother, family member of cleanLIFE™ participant**

*“Before <the cleanLIFE™ program>, he was angry and would talk back. He was always drunk and not prayerful. Now he is calmer and even washes his own clothes and cooks. I also see him praying.”*

- **L.T.’s mother, family member of cleanLIFE™ participant**

*“Before <the cleanLIFE™ program>, he was lazy and slept a lot. Now he comes to see his kids, help with them and takes care of them. Before he didn’t listen to me, but now he does. I can see that his face is looking better. He has also gained some weight.”*

- **A.C.’s mother, Family member of cleanLIFE™ participant**

## 13. CONCLUSION

The pioneering work involving Master Del Pe's cleanLIFE™ Program in collaboration with the Bauko LGU headed by the Mayor, Dr. Abraham Akilit has proven to be a great success beyond the expectations of everyone involved. The surrenderees, also known as Municipality Scholars, have gained the most. They regained their lives and the trust of their families and friends. Money lost can be recovered easier than reputation. The surrenderees had gained new confidence to have both reputation and money as a result of their positive change and transformation. College degrees are easier to achieve than character and good moral values. The gains from their character modification drills and value formation through the cleanLIFE™ program are more significant than their past education, because these new sets of virtues and principles will serve as the landmarks for their future.

By sheer statistical numbers, blood test results, testimonials from the participants and their families, plus an overwhelming amount of anecdotal evidence, the team of cleanLIFE™ in partnership with the Bauko LGU confidently declare this rehabilitation project a great success. We have more than enough data and experience to meet LGUs and government stakeholders around the Philippines to either become a consultant to them or a total collaborator. The cleanLIFE™ team is ready for a big jump and hopes that the government leaders supporting the "war on drugs and the rehabilitation of surrenderees" are also ready for the quantum leap.

As Master Del Pe mentioned in his books:

***"Knowledge brings success. Wisdom brings fulfillment."***

Let the Masters of Wisdom guide the present undertakings of the world, in order to bring fruition to the ideals of world leaders, like President Rodrigo Duterte. And let the knowledge of experts be pooled and employed to solve social ills in order to bring sustainable success. Let the future generation enjoy a drug-free world and harvest the efforts and sacrifices of the past. The cleanLIFE™ Program is offered to the whole of humanity and the whole world as the antidote to vices and addiction, a mission Master Del Pe has stamped into this program.

## 14. APPENDICES

### 14.1. Evaluation Questionnaire

Attached herewith is the Evaluation Questionnaire which was used by the cleanLIFE™ Program's team to assess and evaluate the ongoing progress of the participating drug surrenderers under Phase 1 of the program.

#### cleanLIFE Feedback and Program Assessment Form Phase 1 (Duration of 1 ½ months)

Name:

Batch # 1, Date 12/19/2016, Venue: Bauko, M.P.

1. Why did you join this program?

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2. What is your level of education? Please mark ✓

1	None	
2	Primary School	
3	Secondary School	
4	High School	
5	Vocational Training	
6	College/ University	

3. During Master Del Pe's cleanLIFE Program, did you consume shabu or any other drugs?

1	Regularly	
2	Intermittently	
3	Sometimes	
4	Just once	
5	Never	

4. During Master Del Pe's cleanLIFE Program, You...

1	Did not overcome addictive behavior and desire	
2	Slightly overcame addictive behavior and desire	
3	Partially overcame addictive behavior and desire	
4	Mostly overcame addictive behavior and desire	
5	Totally overcame addictive behavior and desires, and Quit drugs for good	

5. Does your family support you in this program? Please mark ✓

Yes	No	Maybe

6. Have you ever tried to quit or reduce your substance-dependence before joining this program? Please mark ✓

Yes	No

If Yes,

How or by what method did you try to quit before joining cleanLIFE?
What was the outcome of your effort to quit before joining the cleanLIFE program?

7. Did you experience **withdrawal symptoms** during Master Del Pe’s cleanLIFE program? Please mark ✓

		None	A Little	Moderate	A Lot	Most of the Time
1	Anxiety					
2	Shaking / Trembling					
3	Sweating					
4	Nausea / Vomiting					
5	Sleep problems					
6	Irritability					
7	Depression / Sadness					
8	Weakness					
9	Body ache / Pain					
10	Headaches / Migraine					
11	Lack of appetite					
12	Increase in appetite					
13	Cravings					
14	Any Others: _____					
15	Overall Withdrawal Symptoms					

8. What positive changes did you achieve from Master Del Pe’s cleanLIFE? Please mark ✓

		Yes	No
1	Reduced Cravings		
2	Reduced or stopped taking drugs		
3	Reduced or stopped alcohol, smoking, moma or any other addictive substance		
4	Improved Relationships		
5	Better emotional stability		
6	More positive thoughts		
7	Better physical strength and vitality		
8	Improved values and character		

9. Did you experience improvements in your **health conditions and lifestyle** during the cleanLIFE program up to the present? Please mark ✓ for applicable conditions.

*Note: The above question is to compare your conditions before and after the program*

		Existing Conditions Before Program up to the present if any					Completely Improved/ Resolved/
		Do Not Have Before	Not Improved	A Little Improved	Moderately Improved	Significantly Improved	
1	High Blood pressure						
2	Heart irregularities						
3	Sleep Issues						
4	Lethargy / Slowness						
5	Fatigue / Tiredness						
6	UTI / Kidney problems						
7	Body pains / Joint pains						
8	Constipation						
9	Diarrhea						
10	Vomiting						
11	Gout						
12	Breathing problems						
13	Headache / Migraine						
14	Vitality / Energy level						
15	Sleeping pattern						
16	Appetite						
17	Any other(s) please specify: _____						
18	Overall Health Condition and Lifestyle						

10. Did you experience improvements in your **Psychological Well-being**? Please mark ✓ for applicable conditions.

		Existing Conditions Before Program up to the present if any					Completely Improved/ Resolved/
		Do Not Have Before	Not Improved	A Little Improved	Moderately Improved	Significantly Improved	
1	Depression						
2	Traumas						
3	Anxiety						
4	Restlessness						
5	Resentment/Pent-up emotions						
6	Guilt / Self-Pity						
7	Self-destructive behavior						
8	Anti-social behavior						
9	Anger						
10	Violent Behavior						
11	Low Self Confidence						

12	Laziness						
13	Paranoia						
14	Mood Swings						
15	Obsession/Compulsion						
16	Negative feelings						
17	Negative thoughts						
18	Will Power						
19	Optimism						
20	Decision-making						
21	Concentration / Focus						
22	Memory / Ability to remember						
23	Enjoying everyday life						
24	Calmness/ Inner peace						
25	Confidence to build a good life						
26	Any other please specify: _____						
27	Overall Psychological Condition						

11. Please rate your experience of the **cleanLIFE Program**? Please mark ✓ for applicable conditions.

		No comment	Poor	Fair	Good	Very Good	Excellent
1	Your own performance						
2	Your group performance						
3	Master Del Pe(Founder)						
4	cleanLIFE Team						
5	Punctuality of cleanLIFE staff						
6	Professionalism of cleanLIFE staff						
7	Efficiency of cleanLIFE staff						
8	Helpfulness and friendliness of cleanLIFE staff						
9	Communication skills of cleanLIFE staff						
18	Overall experience of cleanLIFE						







## 14.2. Accounts Statement

The following statement of accounts summarizes the value for money or the return on investment in terms of executing the cleanLIFE™ Project. However, since this is a pilot project done as a proof-of-concept only executing the Phase 1 of the curriculum, the services of Master Del Pe and the MDP Foundation’s cleanLIFE™ team have been rendered pro-bono to the Bauko Local Government Unit (LGU) in their collaborative efforts. Therefore, the total amount due of **Two Hundred and Sixteen Thousand, Nine Hundred and Seventy Five Pesos (P 216,975)** has been waived as a service.

### 14.2.1. Statement of Accounts for Phase 1 in Bauko

The following statement shows the summary of the charges for the current Phase 1 undertaking which this report is based on. The current Phase 1 required 27 sessions of various types (including cleanLIFE™ Healing sessions, 2 orientations, as well as other administrative and feedback sessions) instead of 22 Sessions, because of the fact that fewer surrenderees were enrolled in the initial sessions and that the treatment had to be restarted with a fresh and complete batch after a recruitment break. [Refer to the section (4.1) “Phase 1 Implementation Schedules” on Page 7 for more details.] Therefore, the 27 session based estimated cost of the Phase 1 program is listed below.

<b>Base Rate:</b> 20 sessions per 50 participants	P 135,000
<b>Base Rate per session:</b> P 135,000 / 20 sessions =	P 6,750
STATEMENT OF ACCOUNT FOR CURRENT PHASE 1 STUDY IN BAUKO	
<b>Current Base:</b> 27 sessions** x P 6750 =	P 182,250
<b>+ Administrative Charges =</b>	P 15,000
<b>+ 10% Contingency Charges</b> (182,250 + 15,000) * 0.1 =	P 19,725
<b>TOTAL</b>	<b>P 216,975</b>

### 14.2.2. Estimate of Accounts for Future Batches, Phase 1

In the case future batches are enrolled in the cleanLIFE™ Program, the following estimate may be a good indicator of the standard 22 sessions required for Phase 1, based on a batch of 50 participating surrenderees.

STATEMENT OF ACCOUNT FOR FUTURE ESTIMATE OF PHASE 1 FOR BATCHES OF 50 PARTICIPANTS	
<b>Phase 1 Standard Base:</b> 22 sessions x P 6,750 =	P 148,500
<b>+ Administrative Charges =</b>	P 15,000
<b>+ 10% Contingency Charges</b> (148,500 + 15,000) * 0.1 =	P 16,350
<b>TOTAL</b>	<b>P 179,850</b>
<b>Each Additional Participant over 50 Participants</b> 179,850 / 50 =	P 3,597

### 14.3. About Master Del Pe and the MDP Foundation

**Master Del Pe** is internationally known as a life mentor and a modern sage, but to his many corporate and non-profit organizations clients, he is a collaborator par excellence and a visionary strategist. He is the designer of the cleanLIFE™ program and many unique projects of the MDP Foundation aimed at solving social diseases and world problems, like combating vices, poverty consciousness, laziness, loneliness, diabetes, depression, HIV/AIDS, aging, violence and anything that sabotages the environment.

The MDP Foundation is registered as a non-profit organization with tax exemption status in the United States and also in India, but its trainers and specialists serve many causes and projects for under-privileged people around the world.

Philippines, the birthplace of Master Del Pe, has been his priority since 2015. He even developed a Healing and Longevity Resort called MDP Village in his hometown, Cervantes, Ilocos Sur to demonstrate his sincere effort to contribute back to his motherland. He believes in the high potential of the Filipino talent and often says that the Philippines can become a global player and a game changer for the development of the New World. Master Del Pe wants to share his new tool-kits and visionary strategies which integrate the best of Eastern Wisdom and Western Knowledge. He travelled around the world to over 100 countries, taught more than 300,000 people and studied world cultures, philosophies, religions and business models. This wealth of experience and information is brought with him in his homecoming. He says that he brings “the world” with him to the Philippines, so that even those who did not travel outside the Philippines can “drink from this fountain of knowledge almost for free.”

Author of 8 published books and many in the process of being released, he is the founder and international president of 3 organizations, namely: BElife Institute for Higher Consciousness (BIHC), American Institute for Leadership Advancement (AILA) and the MDP Foundation. He also created and published dozens of CDs and DVDs for personal development and self-mastery.

One of the most important milestones that brought much of his wisdom and spiritual leadership was his personal mentoring by 4 enlightened masters from India, China, Korea and the Philippines. His training by some of the advanced Yogis in the Indian-Tibetan-Nepalese Himalayan Mountains is also on the top of his list of why he got enlightened at a breakthrough speed.

Master Del Pe mastered Martial Arts and became a chief instructor in Japanese Karate before he was 25. He also became an international expert in the 12 styles of meditation and 8 types of yoga before he authored his bestselling book, *Hidden Dangers of Meditation and Yoga*. One of the common titles given to Master Del Pe by his patients internationally is *The Miracle Healer*, as he produced many miraculous healings from healing



**Master Del Pe**

*Humanitarian and Social Transformer,  
Founder of MDP Foundation and global  
proponent of the cleanLIFE™ program*

HIV/AIDS patients in South Africa to Cancer patients in India and USA, and even helped crippled people to walk in many countries. To him, these are all scientific processes using BEwell Science™, the healing science modality he founded with at least 27 intellectual properties and copyrights under his name.

Master Del Pe believes in President Rodrigo Duterte's vision of the new Philippines and is inspired by his *War on Drugs* mission. That is why, the Master has dedicated his team and donated much of his time and trips to Bauko, Mountain Province from Cervantes, Ilocos Sur every week in order to prove that cleanLIFE™ really works to help the surrenderees faster than normal. He collaborated with the Mayor of Bauko, Dr. Abraham B. Akilit to rehabilitate the first batch of surrenderees. This resulted in an excellent outcome with 55 graduates out of the 58 enrolled. Blood tests proved to be a great success and the team of the Municipal Department of Social Welfare and Development (DSWD) and the Philippine National Police (PNP) in Bauko along with the cleanLIFE™ team unanimously concluded the program to be the tip of the arrow of the national rehabilitation process.

#### 14.3.1. Other Programs by the MDP Foundation:

1. **wholeEARTH Care™ Program:**  
*to care for the planet and ecosystem as a living organism applying universal principles and wisdom*
2. **World TalentSHARE & World WisdomBANK™ Program:**  
*to pool the skills of talented and experienced people, including retirees*
3. **wholeLIFE Education™ Program:**  
*training to educate the human being in the child and awaken the power of their Soul*
4. **Youth Empowerment Program™:**  
*empowerment of children and youth to maximize their potential*
5. **Elderly Empowerment Program™:**  
*serving the needs of the older people, especially those who are sick, in pain or downtrodden.*
6. **cleanLIFE™ Program:**  
*an anti-vice and anti-addiction program using BEwell Science™ and PsychoEnergetics*
7. **goodLIFE™ Program:**  
*an anti-laziness program applying Aquarian Martial Arts-Yoga Science (AMAYS)*
8. **wellLIFE™ Program:**  
*an anti-disease program using BEwell Science™*
9. **harmonyLIFE™ Program:**  
*an anti-violence program using meditation and BEwell Science™ energy medicine*
10. **enrichedLIFE™ Program:**  
*an anti-poverty consciousness program*
11. **HIV/AIDS Research Program (HARP™):**  
*a program that brings great hope to HIV/AIDS sufferers*
12. **Compassion Fatigue Solutions Program™:**  
*providing prevention and treatment of compassion fatigue among caregivers*

### 14.3.2. Countries touched by the Service of the MDP Foundation

◆ <i>Argentina</i>	◆ <i>India</i>	◆ <i>South Africa</i>
◆ <i>Australia</i>	◆ <i>Guatemala</i>	◆ <i>Peru</i>
◆ <i>Austria</i>	◆ <i>Hong Kong</i>	◆ <i>Philippines</i>
◆ <i>Bolivia</i>	◆ <i>Ireland</i>	◆ <i>Singapore</i>
◆ <i>Brazil</i>	◆ <i>Italy</i>	◆ <i>Slovenia</i>
◆ <i>Columbia</i>	◆ <i>Kenya</i>	◆ <i>Sri Lanka</i>
◆ <i>Congo</i>	◆ <i>Mexico</i>	◆ <i>Thailand</i>
◆ <i>Costa Rica</i>	◆ <i>Mongolia</i>	◆ <i>United Arab</i>
◆ <i>Cyprus</i>	◆ <i>Mozambique</i>	◆ <i>Emirates</i>
◆ <i>Ecuador</i>	◆ <i>Nepal</i>	◆ <i>United Kingdom</i>
◆ <i>El Salvador</i>	◆ <i>Nicaragua</i>	◆ <i>United States of</i>
◆ <i>France</i>	◆ <i>Paraguay</i>	◆ <i>America</i>
◆ <i>Germany</i>	◆ <i>Pakistan</i>	◆ <i>Uruguay</i>

### 14.4. Energy Assessment Database

The regular Energy Assessment done before and after every session for the participants, using the proprietary techniques of BEwell Science™ developed by Master Del Pe, was databased and used by the cleanLIFE™ team as a key tool for progress management and evaluation. This database is available upon request for special cases or requirements.

In summary, the different energy centers of the human energy anatomy of each participant were measured and recorded in inches through our clairsentient methods from the first day of the program to the last session. The centers of energy and vitality are related to the health of the different systems and organs of the body, and also to the vitality levels, emotional state, mental intelligence and spiritual awareness. The team of cleanLIFE™ Specialists, personally supervised by Master Del Pe, calculated an average of **222% to 819% range of improvement** of all the energy centers chosen as the benchmark for the physical, psychological and psycho-spiritual well-being of the subjects. It is not far from the truth and reality, because these kind of results are lower scores compared to our Specialists' and Master Del Pe's performance when healing individual clients with multi-addictions.

## 15. Contact Us

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